

## To stimulate the digestive power

Herbi**GOLD** is a special spice herbal bitters based on old convent recipes from the world of Hildegard von Bingen. Made from a valuable herbal blend from controlled sprawl consisting of 14 flowers, leaves and roots of traditional medicinal plants, such as centaury, wormwood, licorice et al., filtered through a gold sieve.

Bitters have been used by humans for centuries. In the traditional monastic medicine in the bitter herb garden mostly a herb was grown to maintain a good gut feeling. But in our today's food the bitter ingredients have become rare and predominantly eliminated.

Bitter substances are not only natural appetite regulators, but also very beneficial for the whole organism and its interactions. Bitters tonify the gastrointestinal tract: Saliva, gastric juices, liver, bile, pancreas and gut activity are stimulated. This optimizes the protein and fat digestion, regulates false anaerobic fermentation, promotes a good intestinal microflora and consequently supports a good nutrient resorption, which encourages the entire body's metabolic regulation.

### Use of HerbiGOLD

An apéritif is to stimulate the appetite and to attune to the upcoming meal, which naturally stimulates all digestive powers. National and international nutritional experts recommend a regular supply of bitter substances for people over the age of 50 in order to stimulate their natural production of the stomach and digestive juices which diminishing with advancing age.



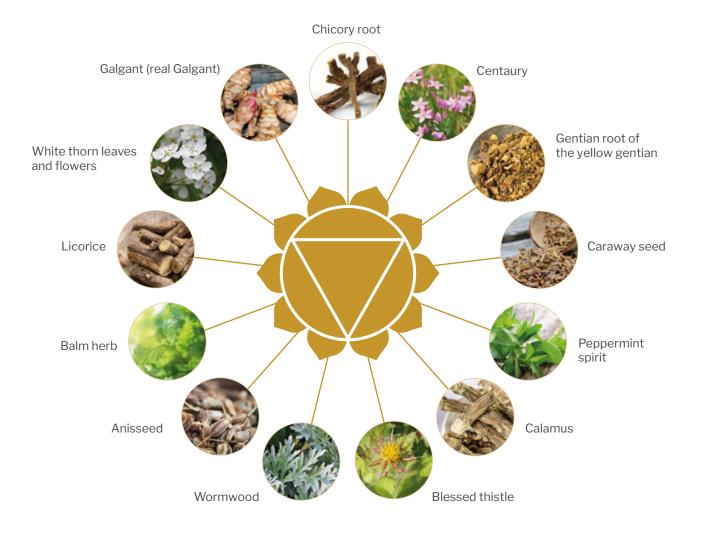
# Recommended intake

10 to 30 drops 10 minutes before the meal. Melt slowly in the mouth.

#### Content

100 ml/33 vol. % alcohol

## The herbs from HerbiGOLD



#### HerbiGOLD can be obtained from:



Legal note: This product is for nutrition and therefore does not affect any Drug Act of any country. A good nutritional status can help the organism prevent or to overcome diseases. All statements describe characteristics and physiological effects, which can be different for consumers, and do not constitute a healing or health promise.

