

For universal food enhancement

Vitamins, minerals and trace elements are vital substances that our organism needs – for the metabolism or as precursors or building blocks for metabolic helpers, such as Co-enzymes. They are important for nerve functions, muscular movements, respiration, digestion, organ or brain performance, which can only take place if the required metabolic processes are sufficiently available from the corresponding vital substances.

The human body by itself cannot produce minerals, trace elements and almost no vitamins, and can store vital substances only limited. Therefore, it is important to observe a balanced and varied diet, so that a shortage of individual nutrients is avoided.

Use of MultiPLUS

- for daily nutritional enhancement
- to balance a one-sided diet
- · at/for increased physical action as well as sports
- $\boldsymbol{\cdot}$ in case of stress
- as immune support

Recommended intake

2 capsules per day with good quality water. There are no restrictions or incompatibilities known.



Ensure the basic supply of the most important vitamins and trace elements daily with just two capsules.

Nutrients MultiPLUS per 2 capsules

Potassium	100 mg	5%
Vitamin B3	36 mg	226 %
Calcium	320 mg	40%
Magnesium	200 mg	54%
Vitamin B5	12 mg	200%
Iron	8 mg	58%
Zinc	10 mg	100%
Vitamin E	20 mg	166%
Manganese	2 mg	100%
Vitamin C	200 mg	250%
Vitamin B2	3.2 mg	228%
Vitamin B6	4 mg	286%
Vitamin B1	2,8 mg	254%
Copper	2 mg	200%
Vitamin A	1.6 mg	200%
Folic acid	400 µg	200%
lodine	200 µg	134%
Selenium	60 µg	109%
Biotin	300 µg	600%
Vitamin K1	60 µg	80%
Chrome	120 µg	300%
Molybdenum	55µg	111 %
Vitamin D3	10 µg	200%
Vitamin B12	2µg	80%

RDA: % of the Recommended Daily Amount

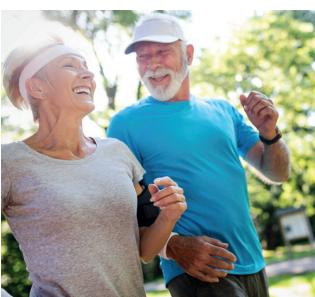
Health Claims

The vital substances contained in MultiPLUS are honored by the European Food Safety Authority (EFSA) with a total of 151 audited and proven health claims. Each ingredient (except the capsule shell) can be described by several verified health claims, which we summarize here for the consumer clearly and simply:

- Absorption/Utilization of calcium and phosphorus
- Acid-base metabolism
- Amino acids synthesis
- Blood formation, in particular formation of red blood cells and haemoglobin, and blood clotting
- Blood glucose levels
- Bones and teeth
- Calcium levels in the blood
- Collagen formation for the function of the blood vessels, bone, cartilage function, gums, skin, teeth
- Connective tissue and connective tissue formation
- Cysteine synthesis
- DNA synthesis
- Electrolyte balance
- Energy-yielding metabolism
- Fertility and reproduction
- Function in cell division and specialization
- Function of digestive functions
- Function of the nervous system and neurotransmission
- Hair/skin pigmentation
- Hair, skin and nails
- Heart function
- Homocysteine metabolism

- Hormonal activity
- Immune system
- Iron absorption, iron metabolism and iron transport
- Maternal tissue growth during pregnancy
- Mental performance, brain function and cognitive function
- Metabolism and synthesis of steroid hormones, vitamin D or neurotransmitters
- Metabolism of macronutrients, such as proteins, carbohydrates, lipids and fatty acids
- · Metabolism of sulfur amino acids
- Metabolism of vitamin A
- Mucous membranes
- Muscle function
- Oxygen transport
- Protection against oxidative stress
- Protein and glycogen metabolism
- Protein synthesis
- Psychological function
- Reduction of tiredness and fatigue
- Regeneration of reduced form of vitamin E
- Spermatogenesis
- Testosterone levels in the blood
- Thyroid function, production of thyroid hormones
- Vision









MultiPLUS: Rich in high-quality vitamins.

For daily basic care

Ingredients

Calcium carbonate, magnesium oxide, L-ascorbic acid (vit. C), capsule shell: cellulose with natural colouring chlorophyll, iron gluconate, D-alpha-tocopherolactate (vit. E), nicotinamide (vit. B3), manganese gluconate, copper gluconate, sodium molybdate, calcium D-pantothenate (vit. B5), zinc oxide, retinyl acetate (vit. A), pyridoxine HCl (vit. B6), cholecalciferol (vit. D3), thiamine hy-d. B5), zinc oxide, retinyl acetate (Vit. A), pyridoxine HCl (Vit. B6), cholecalciferol (Vit. D3), thiamine hydrochloride (Vit. B1), riboflavin (Vit. B2), phyllo-quinone (Vit. K1), chromium III chloride, pteroylmo-noglutamic acid (folic acid), D-biotin, potassium iodide, sodium selenite, cyanocobalamin (Vit. B12)

Content

60 capsules/59 g. Sufficient for 30 days.

MultiPLUS can be obtained from:



Legal note: This product is for nutrition and therefore does not affect any Drug Act of any country. A good nutritional status can help the organism prevent or to overcome diseases. All statements describe characteristics and physiological effects, which can be different for consumers, and do not constitute a healing or health promise. Many of the claims used are evaluated by the European Food Safety Association (EFSA).

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